



# HEPATITIS A VACCINE

## WHAT YOU NEED TO KNOW



### 1. What is Hepatitis A ?

Hepatitis A is a serious liver disease caused by the Hepatitis A virus (HAV). HAV is found in the stool of persons with Hepatitis A. **It is usually spread by close personal contact and sometimes by eating food or drinking water containing HAV.**

#### ***Hepatitis A can cause:***

- Mild “flu-like” illness.
- Jaundice (yellow skin or eyes).
- Severe stomach pains and diarrhea.

People with Hepatitis A often have to be hospitalized (approximately 1 person in 5).

***Sometimes, Hepatitis A causes death.***

**A person who has Hepatitis A can easily pass the disease to others within the same household.**

***Hepatitis A vaccine can prevent Hepatitis A.***

### 2. Who should get Hepatitis A vaccine and when?

Some people should be routinely vaccinated with Hepatitis A vaccine:

#### ***WHO?***

- Hepatitis A vaccine might be recommended for children or adolescents in communities where outbreaks of Hepatitis A are occurring (e.g. Afghanistan).
- Persons 1 year of age and older traveling to or working in countries with high or intermediate prevalence of Hepatitis A, such as those located in Central or South America, the Caribbean, Mexico, Asia (except Japan), Africa, and Eastern Europe.
- Children and adolescents who live in states or communities where routine vaccination has been recommended.
- Persons with chronic liver disease.
- Persons who are treated with clotting factor concentrates.

***Hepatitis A vaccine is not licensed for children younger than 1 year of age.***

#### ***WHEN ?***

- The Hepatitis A vaccine series may be started whenever a person is at risk of infection.
- For travelers, the vaccine series should be started at least one month before traveling.
- **Two doses** of the vaccine are needed for lasting protection. These doses should be given at least 6 months apart.
- Hepatitis A vaccine may be given at the same time as other vaccines.

### 3. Some people should not get Hepatitis A vaccine or should wait:

- Anyone who has ever had a severe (life-threatening) ***allergic reaction to a previous dose*** of Hepatitis A vaccine should not get another dose.
- Anyone who has a severe (life-threatening) ***allergy to any vaccine component*** should not get the vaccine. Tell your doctor if you have any severe allergies. Some Hepatitis A vaccines contains alum and 2-phenoxyethanol.
- Anyone who is moderately or severely ill at the time the shot is scheduled should probably wait until they recover. **People with a mild illness can usually get the vaccine.**

- Tell your doctor if you are pregnant. *The safety of Hepatitis A vaccine for pregnant women has not been determined.* But there is no evidence that it is harmful to either pregnant women or their unborn babies. *The risk, if any, is thought to be very low.*

#### 4. What are the risks from Hepatitis A vaccine?

A vaccine, like any medicine, could possibly cause serious problems, such as severe allergic reactions. **The risk of Hepatitis A vaccine causing serious harm, or death, is extremely small.**

***Getting Hepatitis A vaccine is much safer than getting the disease.***

##### ***Mild problems:***

- Soreness where the shot was given (approximately 1 out of 2 adults and approximately 1 out of 5 children).
- Headache (approximately 1 out of 6 adults and approximately 1 out of 20 children).
- Loss of appetite (approximately 1 out of 12 children).
- Tiredness (approximately 1 out of 14 adults).

***If these problems occur, they usually last for 1 or 2 days.***

##### ***Severe problems:***

- Serious allergic reaction, within a few minutes to a few hours of the shot (***very rare***).

#### 5. What if there is a moderate or severe reaction?

##### ***What should I look for ?***

- Any unusual condition, such as a high fever or behavior changes. Signs of a serious allergic reaction can include difficulty breathing, hoarseness or wheezing, hives, paleness, weakness, a fast heart beat or dizziness.

##### ***What should I do ?***

- Call a doctor, or get the person to a doctor right away.
- Tell your doctor what happened, the date and time it happened, and when the vaccination was given.

#### 6. How can I learn more ?

- Ask your doctor or nurse. They can give you the vaccine package insert or suggest other sources of information.
- Contact the American Centers for Disease Control and Prevention (CDC):  
Visit CDC websites at: [www.cdc.gov/nip](http://www.cdc.gov/nip)