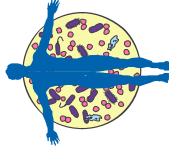




## DK ♦ German Medical Diagnostic Center

Street 66 ♦ House 138 ♦ District 4  
Zone 1 ♦ Kabul / Afghanistan  
<http://www.medical-kabul.com/>



## Recommended vaccinations for Afghanistan

Vaccine:	Vaccination doses:	Schedule:	Protects up to:	Recommendations:
<b>Hepatitis A</b>	<b>2 doses in total</b> 1 <sup>st</sup> dose = day 0 2 <sup>nd</sup> dose = after 6-12 months	→ xx . xx . xxxxx → xx . xx . xxxxx	10-20 Years	<b>Recommended to anyone:</b> Vaccination consists of two injections about 6-12 months apart, which protects for up to 20 years. The first vaccination protects for 6-12 months.
<b>Hepatitis B</b>	<b>3 doses in total</b> 1 <sup>st</sup> dose = day 0 2 <sup>nd</sup> dose = after 1 month 3 <sup>rd</sup> dose = after 6 months	→ xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx	10 Years	<b>Recommended to anyone:</b> The vaccination consists of 2 vaccinations about 4 weeks apart and a third 6 months later. The protection lasts for at least 10 years.
<b>Typhoid fever</b>	<b>1 dose in total</b>	→ xx . xx . xxxxx	2-3 Years	<b>Recommended to anyone:</b> Abdominal typhoid is the most serious of the Salmonella infections.
<b>Meningitis Group A+C+W+Y</b>	<b>1 dose in total</b>	→ xx . xx . xxxxx	3 Years	<b>Recommended to anyone:</b> Meningitis caused by meningococcal bacteria spreads from person to person through the air.
<b>Tetanus + Diphtheria</b>	<b>Basic immunization = 3 doses in total:</b> If previously not vaccinated or vaccination state unknown: 1 <sup>st</sup> dose = day 0 2 <sup>nd</sup> dose = after 1 month 3 <sup>rd</sup> dose = after 6 months <b>Booster immunization = 1 dose in total:</b> If previous basic immunization was no longer than 10 years ago.	→ xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx	10 Years	<b>Recommended to anyone:</b> Tetanus is a complicating infection of wounds contaminated by soil. Diphtheria is a serious throat infection, which spreads from person to person through the air.  The last Tetanus and Diphtheria vaccination should be less than 10 years old, otherwise a booster is needed.
<b>Poliomyelitis</b>	<b>Basic immunization = 3 doses in total:</b> If previously not vaccinated or vaccination state unknown: 1 <sup>st</sup> dose = day 0 2 <sup>nd</sup> dose = after 1 month 3 <sup>rd</sup> dose = after 6 months <b>Booster immunization = 1 dose in total:</b> recommended for any adult who completed the childhood series but never had polio vaccine as an adult	→ xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx	10 Years  10 Years	<b>Recommended to anyone:</b> One-time booster recommended for any adult traveler who completed the childhood series but never had polio vaccine as an adult.
<b>Rabies</b>	<b>4 doses in total</b> 1 <sup>st</sup> dose = day 0 2 <sup>nd</sup> dose = after 7 days 3 <sup>rd</sup> dose = after 21-28 days 4 <sup>th</sup> dose = after 12 months	→ xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx → xx . xx . xxxxx	5 Years	<b>Recommended only:</b> If you might have extensive unprotected outdoor exposure such as might occur during camping, hiking, cycling or whilst engaging in certain professional activities where people may not have immediate access to medical care. The vaccination consists of 3 injections at day 0, 7 and 28 and must therefore start 4 weeks before departure. Vaccination protects for up to 5 years. If exposed to rabies and previously vaccinated, the post-exposure vaccinations are reduced from five to two.